Dr. Sophia I. Panagopoulou

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### Personal data

Date of birth Place of birth Marital Status Nationality 18 December 1969 Pyrgos/Ilias, Greece Married

Married Greek

# **Curriculum Vitae**

# Experience

01/1994 - today

#### Senior Researcher

University of Crete, Medical School, Institute of Vision and Optics (IVO)
GR-71003 Heraklion, Greece

- Main research projects:
  - Development and clinical evaluation of new procedures in refractive surgery
  - Evaluation of established refractive methods (Safety, Efficacy, Predictability)
  - Development of methods for evaluation the outcomes of refractive surgery
  - Investigating Presbyopia treatments, especially with the aim of intracorneal implants and intraocular lenses
- Active participation in International Ophthalmological congresses: Presentation of research outcomes as invited speaker and instructor in refractive surgery courses
- Lecturing in the postgraduate course of studies "Optics and Vision", Supervision of several Master thesis, e.g. with the subjects:
  - Comparison of regular Excimer Laser ablation profiles with Q-value customized profiles.
  - Accomodation before and after refractive surgery

- Comparison of wavefront aberrometers with different working principles
- Investigating the aberrations of presbyopic, emmetropic eyes in comparison to young, emmetropic eyes.
- Femtosecond Laser technology in Refractive surgery
- Lecturer at the IVO Mini Fellowships for refractive surgery
- Application support of refractive surgeries at IVO University of Crete
  - Determination of the best treatment parameters together with the surgeon
  - Collection and Processing of postoperative results
- Application support of the Excimer and femtosecond Lasers at Medical School University of Crete
- Participation in different research projects focussing on refractive surgery and quality of vision
- Data collection and -processing during the FDA study for the Ladarvision Excimer laser
- Lecturer during the Mini Fellowships for refractive surgery

## Education

12/2005 **Doctorate** 

University of Crete, Medical School

Heraklion/Greece

Subject: A mathematical model of the change of corneal shape during photorefractive Keratectomy with the

**Excimer Laser** 

09/1988-06/1993 **Studies in Physics** 

University of Crete, Heraklion/Greece

Degree: Bachelor

Thesis with the subject:

An automated system for measuring I/V curves in photo-

voltaic units

06/1988 **Gymnasium** 

Karatoula/Greece

Degree: High school diploma

## Languages

Greek Mother tongue

English Fluent German Moderate

IT

Applications MS Office, SPSS, Endnote, etc.

OS Microsoft Windows

## **Publications**

23 Publications in peer-reviewed Journals with 524 citations and h-index=13 (as by 05/2013). (1-28)

- 1. Limnopoulou AN, Bouzoukis DI, Kymionis GD, Panagopoulou SI, Plainis S, et al. 2013. Visual outcomes and safety of a refractive corneal inlay for presbyopia using femtosecond laser. *Journal of Refractive Surgery* 29:12-8
- 2. Pallikaris IG, Karavitaki AE, Kymionis GD, Kontadakis GA, Panagopoulou SI, Kounis GA. 2012. Unilateral sulcus implantation of the crystalens HD. *Journal of Refractive Surgery* 28:299-301
- 3. Kymionis GD, Portaliou DM, Diakonis VF, Kounis GA, Panagopoulou SI, Grentzelos MA. 2012. Corneal collagen cross-linking with riboflavin and ultraviolet-a irradiation in patients with thin corneas. *American Journal of Ophthalmology* 153:24-8
- 4. Kymionis GD, Grentzelos MA, Kounis GA, Diakonis VF, Limnopoulou AN, Panagopoulou SI. 2012. Combined transepithelial phototherapeutic keratectomy and corneal collagen cross-linking for progressive keratoconus. *Ophthalmology* 119:1777-84
- 5. Bouzoukis DI, Kymionis GD, Panagopoulou SI, Diakonis VF, Pallikaris AI, et al. 2012. Visual outcomes and safety of a small diameter intrastromal refractive inlay for the corneal compensation of presbyopia. *Journal of Refractive Surgery* 28:168-73
- 6. Portaliou DM, Kymionis GD, Panagopoulou SI, Kalyvianaki MI, Grentzelos MA, Pallikaris IG. 2011. Long-term results of phakic refractive lens implantation in eyes with high myopia. *Journal of Refractive Surgery* 27:787-91
- 7. Kymionis GD, Portaliou DM, Krasia MS, Karavitaki AE, Grentzelos MA, Panagopoulou SI et al. 2011. Unintended epithelium-only flap creation using a femtosecond laser during LASIK. *Journal of Refractive Surgery* 27:74-6
- 8. Kymionis GD, Portaliou DM, Diakonis VF, Karavitaki AE, Panagopoulou SI, et al. 2011. Management of post laser in situ Keratomileusis ectasia with

- simultaneous Topography Guided Photorefractive Keratectomy and Collagen Cross-Linking. Open Ophthalmology Journal 5:11-3
- Kymionis GD, Kounis GA, Grentzelos MA, Panagopoulou SI, Kandarakis SA, 9. Krasia MS. 2011. Interface corneal stromal irregularities after flap creation using femtosecond laser. European Journal of Ophthalmology 21:207-9
- 10. Kymionis GD, Portaliou DM, Tsiklis NS, Panagopoulou SI, Pallikaris IG. 2009. Thin LASIK Flap creation using the SCHWIND carriazo-pendular microkeratome. Journal of Refractive Surgery 25:33-6
- Kymionis GD, Diakonis VF, Panagopoulou SI, Grentzelos MA, Kazakos DC, 11. et al. 2009. Mitomycin C aqueous humor concentration after photorefractive keratectomy: An experimental study. European Journal of Ophthalmology 19:738-42
- Kalyvianaki MI, Kymionis GD, Kounis GA, Panagopoulou SI, Grentzelos 12. MA, Pallikaris IG. 2008. Comparison of Epi-LASIK and Off-Flap Epi-LASIK for the Treatment of Low and Moderate Myopia. Ophthalmology 115:2174-80
- Tsiklis NS, Kymionis GD, Pallikaris AI, Diakonis VF, Ginis HS, et al. 2007. 13. Endothelial cell density after photorefractive keratectomy for moderate myopia using a 213 nm solid-state laser system. Journal of Cataract and Refractive Surgery 33:1866-70
- Kymionis GD, Tsiklis NS, Astyrakakis N, Pallikaris AI, Panagopoulou SI, 14. Pallikaris IG. 2007. Eleven-year follow-up of laser in situ keratomileusis. Journal of Cataract and Refractive Surgery 33:191-6
- Jankov Ii MR, Panagopoulou SI, Tsiklis NS, Hajitanasis GC, Aslanides IM, 15. Pallikaris IG. 2006. Topography-guided treatment of irregular astigmatism with the wavelight excimer laser. Journal of Refractive Surgery 22:335-44
- Panagopoulou SI, Neal DR. 2005. Zonal matrix iterative method for wavefront 16. reconstruction from gradient measurements. Journal of Refractive Surgery 21:S563-S9
- Pallikaris IG, Kalyvianaki MI, Kymionis GD, Panagopoulou SI. 2004. Phakic 17. refractive lens implantation in high myopic patients: One-year results. Journal of Cataract and Refractive Surgery 30:1190-7
- Kymionis GD, Panagopoulou SI, Aslanides IM, Plainis S, Astyrakakis N, 18. Pallikaris IG. 2004. Topographically supported customized ablation for the management of decentered laser in situ keratomileusis. American Journal of Ophthalmology 137:806-11
- Pallikaris IG, Naoumidi TL, Panagopoulou SI, Alegakis AK, Astyrakakis NI. 19. 2003. Conductive keratoplasty for low to moderate hyperopia: 1-Year results. Journal of Refractive Surgery 19:496-506
- Pallikaris IG, Kymionis GD, Panagopoulou SI, Siganos CS, Theodorakis MA, 20. Pallikaris AI. 2002. Induced optical aberrations following formation of a laser in situ keratomileusis flap. Journal of Cataract and Refractive Surgery 28:1737-41

- 21. Pallikaris IG, Katsanevaki VJ, Panagopoulou SI. 2002. Laser in situ keratomileusis intraoperative complications using one type of microkeratome. Ophthalmology 109:57-63
- Lydataki S, Lesniewska E, Tsilimbaris MK, Panagopoulou S, Le Grimellec C, 22. Pallikaris IG. 2002. Excimer laser ablated cornea observed by atomic force microscopy. Single Molecules 3:141-7
- Panagopoulou SI, Pallikaris IG. 2001. Wavefront customized ablations with 23. the WASCA Asclepion workstation. Journal of Refractive Surgery 17:S608-S12
- 24. Pallikaris IG, Panagopoulou SI, Siganos CS, Molebny VV. 2001. Objective measurement of wavefront aberrations with and without accommodation. Journal of Refractive Surgery 17:S602-S7
- Pallikaris IG, Panagopoulou SI, Molebny VV. 2000. Clinical experience with 25. the Tracey Technology wavefront device. Journal of Refractive Surgery 16:S588-S91
- Molebny VV, Panagopoulou SI, Molebny SV, Wakil YS, Pallikaris IG. 2000. 26. Principles of ray tracing aberrometry. Journal of Refractive Surgery 16:S572-**S5**
- 27. Tsiknakis MN, Chronaki CE, Tsilimbaris MK, Panagopoulou SI, Orphanoudakis SC, Pallikaris IG. 1996. A multimedia integration methodology through the meta patient record concept in a cornea outpatient clinic. Investigative Ophthalmology and Visual Science 37
- Panagopoulou SI, Kapoulas PV, Margaritis AG, Pallikaris IG. 1996. 28. Modification of topographic maps for the estimation of PRK outcome using the AESCULAP-MEDITEC MEL-60 Excimer Laser. Investigative Ophthalmology and Visual Science 37

#### Others:

Co-author of chapter 2 from «Art of LASIK», SLACK INCORPORATED Co-author of chapter 3 from «Quest for Super vision», SLACK INCORPORATED

Official Reviewer of the following magazines:

- Journal of Cataract and Refractive Surgery
- Journal of Refractive Surgery